

Sneha Jeyaseelan
MA Ed

Sneha is available for sessions virtually by video or phone.

Sneha's kindness, care and compassion are strengths that she offers in journeying with her clients towards wholeness and healing. Her primary goal is to allow people to talk through their feelings and emotions. She supports her clients through strength-based and solution-focused therapy. If a client desires, Sneha explores life's challenges through the lens of Biblical stories to provide encouragement, hope and personal development through the various struggles of everyday life.

Sneha is fluent in English and basic conversational Tamil. Sneha's spirituality provides her with strength and guidance to be resilient through the most challenging circumstances. Sneha is pursuing a degree in Theology and Discipleship as well as a Masters in Pastoral Studies.