**Jane Miller Voll
RP (Qualifying) #10345**

**Jane Miller Voll**is completing a Master

of Arts degree in Theology, Counselling

and Spiritual Care at Martin Luther University College, Wilfrid Laurier

University. She is working towards

becoming a Registered Psychotherapist

(RP) with training in Psycho-Spiritual

Therapy through the Canadian

Association for Spiritual Care.

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Jane is a Certified Focusing Professional

with the Focusing Institute in New

York, a Certified Facilitator in

Mindfulness-Based Cognitive Therapy (MBCT) with the Centre for

Mindfulness Studies in Toronto, a

Reiki practitioner, and she is in the

final stages of certification in Somatic Experiencing (SE). Her background

includes working with individuals and

groups to foster wellness, trauma

healing and recovery.

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Jane has a body-based, multi-cultural orientation to psycho-spiritual wellness.

Her person-centered, humanistic and integrative practice includes solution-focused, mindfulness-based, cognitive-behavioral, somatic, psychodynamic

and transpersonal approaches to

supporting clients, depending on them

needs and preferences.

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